



## ENDOSCOPY INFORMATION SHEET

### **Information about the procedure:**

An endoscopy is a procedure which enables direct visualisation of the surface of the oesophagus and stomach. It is performed by the doctor inserting a flexible instrument, called an endoscope, through the mouth whilst the patient is under sedation. The procedure takes 20 minutes to perform.

For a successful endoscopy, you must fast for 6 hours beforehand.

### **What to bring:**

You will be in hospital for 3-4 hours, and so should bring reading material if you wish to pass the time. Please bring a list of medications that you are on, as well as any relevant X-rays.

### **After the procedure:**

Following the procedure you will be taken to the procedure room. Upon recovering from the sedation, you will be given light refreshments before discharge. Your Doctor will speak with you after the procedure, and give you a provisional written report. **Driving is not recommended** for the remainder of the day, and a responsible adult should be with you in the **first 24 hours** after the procedure.

If you have any questions, please feel free to contact your doctor via his rooms on 8276 9888 (Flinders) or 8359 2411 (Wakefield)